

**Health Related Behaviour Questionnaire- Locality Data  
Primary school Pupils**

<b>Question (NY average)</b>	<b>Craven</b>	<b>Coast</b>	<b>Central Vale</b>	<b>White Horse</b>	<b>North</b>	<b>Harrogate</b>
<b>Healthy Eating</b>						
% who had nothing for breakfast (3%)	2%	4%	3%	2%	2%	2%
% eat fruit most days (62%)	64%	57%	64%	66%	65%	61%
% eat vegetables most days (55%)	59%	47%	56%	61%	59%	55%
% eat sweets and chocolates most days (14%)	13%	19%	13%	13%	12%	12%
% drank at least a litre of water a day(30%)	30%	27%	32%	32%	33%	31%
<b>Physical activity</b>						
% enjoyed physical activity quite a lot or a lot (90%)	90%	88%	91%	88%	91%	90%
% reported that they had exercised 5 times or more in the last week which made them breathe harder (45%)	48%	44%	46%	49%	44%	44%
<b>Emotional health and well-being</b>						
% worried about family problems quite a lot or a lot (30%)	28%	33%	31%	30%	28%	31%
% worried about health problems quite a lot or a lot (15%)	12%	16%	14%	14%	16%	15%
% of boys with high self-esteem scores (38%)	43%	34%	41%	40%	37%	36%
% of girls with high self-esteem scores (29%)	29%	22%	36%	30%	34%	27%
% of pupils with low self-esteem scores (27%)	24%	32%	24%	25%	23%	29%
<b>Puberty and growing up</b>						
% said their parents had talked to them about how their body changes as they grow up (79%)	79%	81%	73%	78%	77%	81%
% said their teachers had talked to them about how their body changes as they grow up (22%)	22%	22%	18%	20%	22%	23%
<b>Drugs, alcohol and tobacco</b>						
% said their parents had talked to them about drugs (73%)	73%	74%	72%	72%	72%	72%
% said their teachers had talked to them about drugs (35%)	39%	33%	33%	30%	33%	36%
% say they are fairly sure or certain they know someone who uses drugs (21%)	26%	24%	15%	16%	16%	23%
% report drinking alcohol without their parents knowing at least sometimes (5%)	3%	7%	5%	6%	4%	4%
% of pupils said they had tried smoking once or twice (7%)	7%	9%	5%	9%	7%	6%
<b>Staying safe</b>						
% had an accident in the last 12 months that was treated by a doctor or hospital (32%)	33%	37%	26%	29%	29%	34%
<b>Question (NY average)</b>	<b>Craven</b>	<b>Coast</b>	<b>Central Vale</b>	<b>White Horse</b>	<b>North</b>	<b>Harrogate</b>

% reported that an adult, who scared them or made them upset had approached them (31%)	33%	35%	27%	29%	26%	31%	
<b>Bullying</b>							
% reported that they felt afraid of going to school because of bullying very often (3%)	2%	4%	3%	2%	1%	2%	
% said they had been bullied in the last 12 months (31%)	32%	35%	34%	31%	23%	30%	
<b>Pupils voice</b>							
% of pupils who think their views and opinions are listened to in school (68%)	72%	63%	74%	73%	71%	67%	
<b>Every Child Matters</b>							
I know my targets and I am helped to meet them	(72%) B	81%	68%	65%	76%	74%	70%
	(72%) G	76%	72%	67%	73%	77%	71%
The school prepares me for when I leave this school	(75%) B	84%	73%	74%	78%	76%	73%
	(78%) G	84%	79%	77%	82%	82%	73%
The school encourages everyone to take part in decisions	(74%) B	80%	69%	73%	81%	71%	73%
	(78%) G	82%	80%	74%	80%	80%	74%
The school helps me work as part of a team	(73%) B	79%	69%	68%	82%	75%	70%
	(78%) G	81%	75%	70%	86%	82%	75%
The school cares whether I am happy or not	(67%) B	78%	63%	69%	72%	66%	63%
	(67%) G	66%	67%	63%	67%	74%	64%
The school encourages me to contribute to community events	(58%) B	68%	55%	56%	64%	60%	53%
	(61%) G	63%	59%	59%	64%	67%	57%
My achievements in and out of school are Recognised	(61%) B	66%	61%	58%	67%	61%	57%
	(60%) G	64%	62%	56%	61%	67%	53%
In this school people with different backgrounds are valued	(57%) B	66%	51%	54%	61%	53%	59%
	(62%) G	70%	60%	53%	63%	60%	65%
The school teaches me how to deal positively with my feelings	(57%) B	60%	54%	54%	63%	61%	55%
	(55%) G	58%	56%	54%	50%	53%	53%

### Health Related Behaviour Questionnaire- Locality Data - Secondary School Pupils

Question (NY average)	Craven	Coast	Central Vale	White Horse	North	Harrogate
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<b>Healthy Eating</b>						
% who had nothing for breakfast (9%)	11%	10%	9%	7%	10%	9%
% who never consider their health when choosing what to eat (10%)	9%	11%	9%	9%	10%	10%
% would like to loose weight (44%)	42%	44%	45%	45%	45%	42%
% had no lunch yesterday (12%)	11%	16%	11%	10%	11%	14%
% had a school lunch (45%)	54%	44%	42%	53%	39%	37%
% drank at least a litre of water a day (29%)	28%	22%	28%	30%	30%	36%
% had at least five portions of fruit and veg the day before (23%)	28%	20%	19%	26%	25%	28%
% had no fruit and veg the day before the survey (7%)	5%	11%	8%	6%	7%	5%
<b>Physical activity</b>						
% enjoyed physical activity quite a lot or a lot (82%)	84%	79%	83%	81%	82%	81%
<b>Emotional Health and well-being</b>						
% of pupils reported they are in general, quite a lot or a lot satisfied with their life (71%)	70%	72%	71%	72%	71%	71%
% of boys with high self-esteem scores (53%)	52%	50%	54%	58%	53%	52%
% of girls with high self-esteem scores (36%)	47%	36%	35%	37%	32%	38%
% of pupils with low self-esteem scores (18%)	15%	19%	18%	17%	19%	21%
<b>Sex and Relationships</b>						
% said their parents were the main source of information about sex (23%)	17%	18%	28%	24%	21%	23%
% said school lessons were the main source of information (18%)	25%	17%	17%	18%	21%	16%
% who believe there is a specialist sexual health service for young people available locally (13%)	14%	13%	15%	14%	12%	11%
% who say they know where they can get condoms free of charge (38%)	38%	44%	36%	40%	40%	35%
<b>Drugs, alcohol and tobacco</b>						
% say they are fairly sure or certain they know someone who uses drugs (42%)	45%	45%	39%	36%	40%	49%
% of pupils have been offered cannabis (23%)	25%	29%	20%	21%	20%	27%
% say they have taken some form of illegal drug within the last month (7%)	10%	10%	5%	6%	6%	9%
% of Year 10 pupils ever used cannabis (22%)	27%	23%	19%	22%	21%	24%
% of Year 10 pupils ever used poppers (7%)	11%	6%	6%	4%	5%	10%
% had at least one alcoholic drink in the previous week (36%)	32%	40%	33%	34%	40%	34%
Question (NY average)	Craven	Coast	Central Vale	White Horse	North	Harrogate
% of pupils drank over the advised weekly limit for adult females of 14 units (16%)	15%	20%	13%	17%	16%	13%
% of pupils said they had tried smoking (39%)	35%	44%	38%	37%	42%	35%
% of pupils smoked within the last seven days (12%)	11%	17%	10%	10%	12%	12%

% of all smokers who would like to give up smoking (69%)		75%	69%	75%	71%	60%	55%
<b>Staying safe</b>							
% had an accident in the last 12 months that was treated by a doctor or hospital (36%)		33%	37%	32%	35%	40%	36%
% reported that they had been a victim of violence or aggression in the area where they live in the last 12 months (10%)		9%	11%	8%	9%	10%	9%
<b>Bullying</b>							
% reported that they felt afraid of going to school because of bullying at least sometimes (20%)		17%	22%	22%	18%	20%	21%
<b>Pupils voice</b>							
% of pupils who think their views and opinions are listened to in school (32%)		39%	23%	33%	33%	32%	35%
<b>Every Child Matters</b>							
I know my targets and I am helped to meet them	(49%) B	53%	45%	49%	48%	51%	48%
	(45%) G	42%	43%	47%	46%	41%	46%
The school prepares me for when I leave this school	(56%) B	60%	48%	60%	56%	57%	55%
	(56%) G	51%	50%	62%	58%	54%	55%
The school encourages everyone to take part in decisions	(49%) B	58%	45%	48%	49%	49%	50%
	(51%) G	53%	43%	52%	55%	47%	53%
The school helps me work as part of a team	(46%) B	44%	39%	50%	47%	44%	46%
	(45%) G	49%	34%	47%	48%	40%	53%
The school cares whether I am happy or not	(36%) B	40%	27%	36%	38%	38%	37%
	(37%) G	36%	24%	40%	38%	40%	42%
The school encourages me to contribute to community events	(31%) B	32%	25%	31%	33%	32%	35%
	(29%) G	32%	23%	28%	32%	30%	31%
My achievements in and out of school are Recognised	(42%) B	42%	40%	43%	43%	43%	41%
	(38%) G	38%	32%	43%	40%	33%	42%
In this school people with different backgrounds are valued	(46%) B	47%	39%	46%	45%	49%	52%
	(50%) G	65%	36%	49%	52%	51%	64%
The school teaches me how to deal positively with my feelings	(31%) B	35%	29%	33%	30%	29%	28%
	(25%) G	26%	18%	24%	27%	26%	25%